



Goodbye to the Sea, Hello Stars! The First Flight of the Long March 5B was Successful

Author/ Wang Ziyue

On May 5, Wenchang, Hainan, the golden flame illuminates the night sky, and the "Fat Five" family has ushered in a new member—the Long March 5B carrier rocket carrying a new generation of manned experimental spacecraft test ship and a flexible inflatable cargo return cabin test Cabin, ignited and lifted off. Subsequently, the payload assembly was successfully separated from the rocket and entered a predetermined orbit. The first flight mission was a complete success.

In fact, "Fat 5" does not refer to a certain rocket alone, but refers to the family of launch vehicles of the Long March V series. Because the rocket core in the family has a large diameter and looks "chubby", it is affectionately called "Fat

Five".

The Long March 5B rocket has a total length of about 53.7 meters, which is equivalent to 18 stories high, with a take-off mass of about 849 tons, and a near-Earth orbit carrying capacity of 25 tons, which can meet the launch requirements of a space station cabin of about 22 tons.

Compared with the Long March 5, the Long March 5 B rocket is about 3 meters shorter, reducing the number of second sub-stages and inter-stage. It is China's first "first-and-a-half" rocket (booster is also called "half-stage"). However, Long March 5B has a "head"—the fairing is larger than Long March 5. This is

the largest fairing in China newly developed according to the mission requirements of the space station, with a length of 20.5 meters and a diameter of 5.2 meters, so that the huge core module of the space station can be placed.

Today, the Long March 5 B has a near-Earth orbit carrying capacity of more than 22 tons. This is China's and even Asia's carrier rocket. For the first time, China launched a spacecraft weighing more than 20 tons, which has leveled into the first echelon in the world. At the same time, it is also one of the representatives of the serial development of a new generation of launch vehicles in China and will provide important technical accumulation for the development of subsequent heavy launch vehicles.

This day is hard to come by. Wang Jue, chief commander of the Long March 5B carrier rocket, introduced that from the project to the first flight, the Long March 5B has experienced nearly ten years of development.

But exploring the future of the universe has never been smooth. However, this cannot stop the pace of human exploration of the universe.

再见大海，
你好星辰，
长征五号首飞成功



How Many Secrets are There Behind Smiling?

Author/ Xie Duanyi

Peace Pilgrim once said "Life is like a mirror. Smile at it and it smiles back at you." Perhaps handshaking, hugging and bowing have totally different implied meaning. However, smiling could cross the cultural divide wherever you are and whoever you are. Now please follow me to see four secrets behind smiling!

No.1 Babies are born with the ability to smile. Babies learn a lot of behaviors and sounds from watching the people around them, but scientists believe that all babies are born with the ability, since even blind babies smile. Most babies smile in sleep, from birth, but it takes around four to six weeks, before they start smiling when they are awake.

No.2 Smiling releases endorphins(内啡肽) and relieves stress.

According to recent studies, smiling has the power to reduce stress and increase our ability to deal with trying situations. This is largely owing to the fact that smiling boosts endorphin output and forces us to breathe deeper, resulting in a calmer outlook and increased coping ability(应对能力).

No.3 Smiling boosts the immune system. In addition to making you look more attractive, successful and approachable, smiling may also protect you from the common cold. According to recent data, smiling can help boost the immune system by decreasing stress levels, which in turn increases white blood cell count and releases beneficial antibodies(抗体) that help fight infection and disease.

No.4 Smiling is contagious. According to science, neurons(神经元) in the

每年的5月8日
是“世界微笑日”，
它由世界精神卫生
联盟首次确立
于1948年，是唯一
一个庆祝人类
行为表情的节日

brain have a synchronizing feature(同步功能) that keeps you the same pace with people you're talking to. If they smile, you'll smile. In a study that was conducted in Sweden, researchers found that people found it really difficult to frown, when they were looking at other people who were smiling and they couldn't help smiling themselves. Research suggests that happy people influence the people closest to them and provide a boost of good energy. So, next time you're feeling down, seek out your happiest friend and let the smiles begin.

Having learned about benefits of smiling above, promise me next time you feel down or confused, try to put on a smile on your face. After all, pulling a long face all the time could not fix any problem.

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The most regrettable thing is that my family did not let me see my grandpa for the last time in order to avoid the distraction of the college entrance examination. When I came back home after the college entrance examination, I saw the paper money that had not been burned up and realized that my grandpa and I were separated from each other forever.

I could have gone to see him in the last vacation before the college entrance examination, but I made my father turn the steering wheel to the other side in order to finish an extra set of papers. Although I called my grandfather during lunch at school, I still feel very sorry about my absence in his last days.

Author/ Song Chenghan

During last summer vacation, I picked up a little jazz, as I intend to foster some different hobbies. After about half a month's practice, I finally could keep pace with my teacher and became more skilled. Just when I was fully prepared to learn more about jazz, I accidentally stumbled and sprained my ankle. Thereafter, I had to stop practicing and hope it to recover quickly. However, when my ankle got normal it was almost get to the end of the vacation. So I quitted the jazz class unavoidably, which made me feel a little pity.

Author/ Xie Duanyi

Regrettable Things at the Age of 18

The regrets of life are like the smoke. My biggest regret is that I have not been able to learn a musical instrument, such as guzheng, piano, violin. I envy those fingers that can be placed on the piano, fluent and cheerful, just like the clouds and waters, the fortunes and misfortunes of life, the joys and loneliness, pride and inferiority, often formed in a flash. We grew up inadvertently, more of the loss comes from the contrast of reality, which makes us regret why I don't. We are often not interested in something, but often because of what we do well, we regard it as our interests. People are not all smooth sailing in life, if in the future there is a chance to really sit down, experience what I like, spend all day writing calligraphy, playing piano and with like-minded people. I don't think there will be any regrets at that time.

Author/ Wang Ziyue

The age of 18 is decisive crossing for me and for almost everybody. It was a wondrous year yet I do had some regrets and I still have. I didn't read more books or visit more places and the grades of Gaokao caused me to doubt if I was the one I always reckoned to be. In the other day I read an article titled "How To Be Not Mad At Being Just Ordinary ?" And I was enlightened. We don't have to feel too anxious or depressed when peer pressure is overwhelming, all we have to do is convert those unnecessary feelings to motivations. It might be old fashioned, but sometimes comparing ourselves to ourselves is enough.

Author/ Zhu Hongxi

In terms of the regrets I left when I was 18, I would say it may be I spent too much time on study so that little time was left for me to accompany my parents because I was preparing my college entrance exam at that time. What's more, I once promised my friends to travel abroad after the exam, but I didn't agree abide by our agreement because of many reasons. Anyway, I am basically satisfied with my 18, because I tried my best to pursue my dream and I lived as a brave young girl.

Author/ Wang Wanze

As a so-called positive guy, it seems that I do not have any regret in my early 18 years. However, I do have a huge regret, an unrealistic but cool one. To most of the Chinese young man, including myself, study is the core of our lives. I do not mean this life style is bad, but I used to thinking another different way of being myself: be a "rebel" of high school study. Almost every young man used to think they are invincible at their 16s or 17s, but due to the development of their future, they give up their "glory" dreams and become a normal college guy in the end. We do have only one choice, and we may have some regret, but this is the charm of life, I guess.

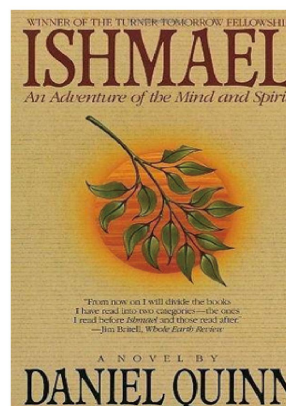
Author/ Song Yuchen

When I look back, regrets still creeps in my mind, although beautiful memories warm me up. Nevertheless, the period of 18 is too short for me to catch the evanescent glimmer of its brilliance. I have such a strong wish that I can go back then and just with my best friends to find one sunny Saturday and sit by the shore talking about what had never had the courage to share before. I want to bask in the sunshine and laughters of friends which reminds me even in the hard time when we are at the brink of the cliff we still have the reasons to hold on.

Author/ Xu Ruiyang

Taking online courses at home maybe boring but it actually provides us a quiet time to get along with ourselves. If you are trying to enrich your quite indoors life, reading books is always a good way. What's more, you can also enhance your reading and writing skills though reading original English books. Now I'd like to share some good books to read. Hope you can like it.

First I want to introduce one of my favorite books of all time, a timeless classic, *The Little Prince*. Although it's a fairy tale, the language of the book was well written, at once simple and sophisticated. The reason I love this book so much is that I really think it has a lot of wisdom and truth in the book. As a consequence, every time I read it, I get a new experience and I learn something new. I would say the story of the Little



prince moved me a lot, but in the same time I feel a little sad that we grown-ups are losing innocence gradually. Luckily, this book always reminds me to stay in pure and simple along the journey of life. Now I still remember the famous sentences in the book—it is only with the heart that one can see rightly; what is essential is invisible to the eyes.

The second book I want to share with you is a book called *Ishmael*, which was written by Daniel Quinn. The book was recommended by our oral English teacher and she likes this book very much. The language is not too hard to read but can be a little more difficult than *The Little Prince*. If you are crazy about science, this book

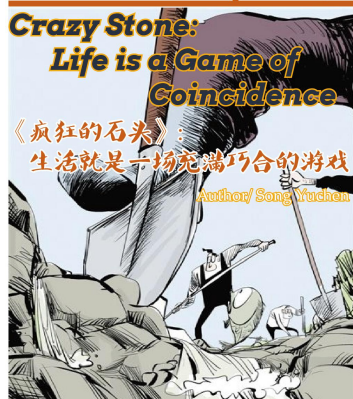
Some Good Books to Recommend

—— 值得一读的英文小说推荐

Author/ Wang Wanze

may be your cup of tea. *Ishmael* is a creature of immense wisdom and he has a story to tell, one that no other human being has ever heard. I would say this book really surprised me with its extraordinary imagination and philosophical thoughts. This is a book that really makes you think about the world we live everyday.

Now are you interested in the books above? Go to pick it and enjoy the fun of reading!



Crazy Stone is a movie filmed by a young but creative Chinese director Ning Hao in 2006, together with some famous actor such as Guo Tao, Liu Hua, Lian Jin, Xu Zheng and Huang Bo. This movie is a miracle in 2006 because it earned 23,500,000 yuan at time. Compared to its low cost, which was actually only 3,500,000 yuan, **Crazy Stone** is a huge success in Chinese film

industry.

As the title has mentioned, the hero of this film is actually a little stone, which is actually a pure jade. The whole structure of this film is based on the fact that three different forces' pursue of this jade stone. They are: Poor factory workers, evil land developers and funny thieves. Even though each of them wants to get that jade for themselves, the precious stone is eventually got by a guy who is illiterate.

When it comes to this film, most of the viewers might find some common ideas with another British humor film: *Lock, Stock and Two Smoking Barrels* (两杆大烟枪). It is acknowledged that there are lots of commons between these two films, such as three different forces, the end of the precious goods, and the funny neighbor relationship between the pros and cons. But even though **Crazy Stone** got these common with other films, thanks to the director's "localization", **Crazy Stone** has got 100% pure Chinese style at last.

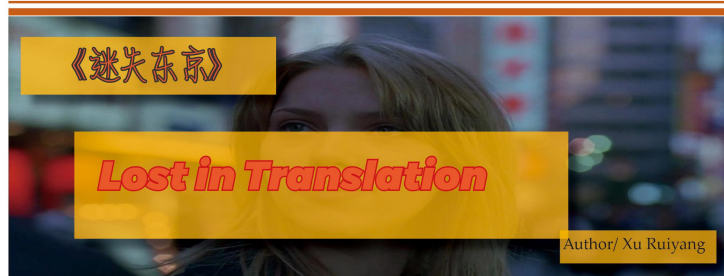
As a comedy film, coincidence is the core of this film. There are lots of trails and coincidences in this film, and these trails and coincidences may cause an unbelievable explode due to the combination of these trails. It may be ridiculous,



but this sense of ridiculous can certainly increase the humor level of the film. As the connection of different units, transition is another special characteristic of this film. By using these special transition, different story lines were combined perfectly. Besides, due to its low cost, most of the scenes of this film was in a huge mass, which can actually increase the level of message and enrich the whole scene.

The main problem of this film is its color. As a comedy, dark is the main color of the whole movie, which is very rare and strange for a funny film like this. But this problem is actually a very tiny issue due to its low cost.

In a word, as a low cost film, **Crazy Stone** holds its unique style and eventually reached its peek: total business success.



Don't hesitate about seeing Sofia Coppola's altogether remarkable *Lost in Translation*. It's a class-act liftoff for the fall movie season. Bill Murray and Scarlett Johansson give performances that will be talked about for years. And Coppola, in her second feature (*The Virgin Suicides* came first, in 2000), shows the ardent assurance of a born filmmaker. One problem: The fragile plot defies blunt description. How to pin down a moonbeam that tickles you with laughs, teases you with romantic possibility and then melts into heartbreak? Just go with the flow.

Bob Harris, played for something way deeper than ha-ha by Murray, floats in a limo bubble through the neon glitter of nighttime Tokyo. Bob's a Hollywood movie star with maybe one too many brainless blockbusters under his belt. He's in Japan to shoot a whiskey commercial for an easy \$2 million and to nurse a midlife crisis stemming from an aimless career and marriage.

Charlotte (Johansson) is three decades younger than Bob, but she shares his sense of drift. A Yale philosophy graduate, she's in Tokyo with her photographer husband, a slick careerist who leaves her alone to find herself while he's off shooting rock stars.

Charlotte and Bob don't know each other. But for a moment they're in different suites in the same impossibly posh Tokyo hotel. Coppola has no

fear of being undramatic in showing these two characters alone: Bob in his kimono, Charlotte in her underwear, each gazing through huge windows at the city below. Coppola catches the disconnect that comes from being a stranger in a strange land. And gifted cinematographer — shooting on high-speed film instead of the digital video fast becoming an indie cliché — gives that disconnect the seductive glimmer of something exotic just out of reach.

Murray is flat-out hilarious as Bob shoots the commercial, dependent on a translator who maddeningly condenses tirades from the Japanese director into such banalities as "Look at the camera like a friend." But it's his skill at uncovering the emotional bruises in Bob that makes this a career triumph for Murray, one that should earn him a salute from Oscar, who idiotically ignored his understated brilliance in Wes Anderson's *Rushmore*.



Johansson, 18, and striking in films as diverse as *The Horse Whisperer* and *The Man Who Wasn't There*, has matured into an actress of smashing loveliness and subtle grace. It's clear that Coppola, a visitor to Japan since childhood, understands Charlotte from the inside. The movie isn't girly in the way *The Virgin Suicides* sometimes was. Coppola has found her voice with this artfully evanescent original screenplay. When she brings Bob and Charlotte together, the tone seems exactly right.

They meet in the hotel lounge. Later, they share confidences, go to a strip club, a video arcade and a karaoke bar. OK, maybe a few of



the culture-clash jokes are facile. But suddenly Tokyo comes alive, and so do Bob and Charlotte. She is stung when Bob sleeps with a jazz singer, played by Catherine Lambert ("I guess you had a lot to talk about, like growing up in the Fifties"). But sexual jealousy is not the issue here. Bob and Charlotte's brief encounter is built to last, if only in their memories. Before saying goodbye, they whisper something to each other that the audience can't hear. Coppola keeps her film as hushed and intimate as that whisper. *Lost in Translation* is found gold. Funny how a wisp of a movie from a wisp of a girl can wipe you out.